The GOES data for October records a single B1.2 flare peaking at 23:07UT on the 5th. Our own record is therefore completely blank again.
VLF flare activity 2005/7.

Number of S.I.D's recorded.
With no flare activity to report, I have received 2 interesting studies of sunset and sunrise activity. The first, from Mark Edwards in Coventry, charts the changes in sunset time over the last couple of months. In each recording, the red line is the sunset time local to the observer, and the orange line is the sunset time local to the 20.9Khz transmitter in France.

It highlights the rapid changes in daylight hours at this time of year, and therefore our observing time each day. Regardless of solar activity changes, our observed SID numbers will vary with this change through the year.

The second chart, from Paul Hyde, shows the relative timing of the sunrise dip at 2 locations. My location is 52.6N, 2.2W, a distance of 164km from Paul in Basingstoke. The breaks in the 23.4kHz transmission from Germany (due east from me) serve to align the timing of the 2 recordings relative to the sunrise dip.
Comparison of Received Signal Strength, 23.4 kHz

Tuesday 22nd October 2007

Location 1: Wolverhampton, UK  Long 47°47'  Lat 51°16’

First ref at 06:59:58
(for initial alignment)

Second ref at 08:46:16
(for Horizontal scaling)

Location 2: Basingstoke, UK  Long 01°05’ 47”  Lat 51°16’ 20”